



Chicken & Mashed Potato Bowl

Recipe Component: Meat/Meat Alternate, Equivalent Grain, Other Vegetable Subgroup, Starchy Vegetable Subgroup

Ingredients	50 Servings		100 Servings		Directions
	Weight	Measure	Weight	Measure	
AdvancePierre Fully Cooked Popcorn Chicken (item# 68211)	10 ½ pounds	--	21 pounds	--	<ol style="list-style-type: none"> 1. Heat the Popcorn Chicken: <ol style="list-style-type: none"> a. <u>Conventional Oven:</u> From frozen state: Preheat oven to 400F and bake for 20-22 minutes or until heated through. b. <u>Convection Oven:</u> From frozen state: Preheat oven to 375F and bake for 7-9 minutes or until heated through. 2. Combine the Cooked Vegetables and Cooked Mashed Potatoes. Mix to combine well 3. CCP: Hold Chicken, Vegetable-Potato Mix, and Brown Gravy at 135 degrees or higher for service. 4. Place 1 cup Vegetable Potato mix on serving piece. 5. Top with 10 Pieces Popcorn Chicken and ½ oz. Brown Gravy.
5 Way Mixed Vegetables, Cooked	--	25 cups	--	50 cups	
Low-Sodium, Low-Fat Mashed Potatoes, cooked	--	25 cups	--	50 cups	
Low-Sodium, Low-Fat Brown Gravy	--	25 oz.	--	50 oz.	

Notes:

1 serving: 2 oz. M/MA, 1 oz. Equivalent Grain, ½ cup Starchy Vegetable Subgroup and ½ cup Other Vegetable Subgroup

Nutrients Per Serving

Calories	380	Sodium	840 mg
Total Fat	15 g	Carbohydrates	43 g
Saturated Fat	3 g	Dietary Fiber	4 g
Cholesterol	25 mg	Protein	21 g

For questions please contact Meg Fuchs, RDN, LD at 513-372-9203 or megan.fuchs@advancepierre.com

**Nutritionals are subject to change based on variations in ingredients.